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5/15/2014

# Community Resource Assistance Guide

Polk County, NC

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N.C. Division of Workforce Solutions

## **Childcare**

Agency Name: **Department of Social Services**  
Address: 231 Wolverine Trail, Mill Spring, NC 28756  
Phone: (828) 894-2100  
Website: [www.polknc.org/social\\_services.php#.UnfgUzW31c7N12D](http://www.polknc.org/social_services.php#.UnfgUzW31c7N12D)  
Service(s) Offered: Food and Nutrition, Medicaid, Child Welfare, Adult Services  
8:30-5 Monday thru Friday. AFTER HOURS EMERGENCIES:  
(828) 894-0187

## **Clothing**

Agency Name: **Hickory Nut Gorge Outreach**  
Address: 2594 Memorial Hwy., Lake Lure NC 28746  
Phone: (828) 625-4683  
Website: [www.hickorynutgorgeoutreach.org](http://www.hickorynutgorgeoutreach.org)  
Service(s) Offered: basic needs such as food, utilities, rent, transportation, housing, prescriptions, scholarships, clothing, gas money, short term emergencies, heating and counseling for residents in the Hickory Nut Gorge Community.

Agency Name: **Second Chance Thrift Store**  
Address: 232 East Mills Street, Columbus NC 28722  
Phone: (828) 894-2373 Toll free (888) 968-4283  
Website: <http://www.stepstohope.org>  
Service(s) Offered: Sells clothing, shoes, handbags, linens, books, furniture, and household goods. Funds from sales are used to help victims of domestic violence and sexual assault.

## **Education/Training**

Agency Name: **Isothermal Community College, Polk Campus**  
Address: 1255 West Mills Street, Columbus NC  
Phone: (828) 894-3092  
Website: [www.isothermal.edu](http://www.isothermal.edu)  
Service(s) Offered: Adult Basic Education (ABE), Adult High School (AHS) and General Educational Development (GED) program. English as a Second Language (ESL) is available free of charge and open to anyone 18 years or older. Provides continuing education opportunities for adults who desire to upgrade their capabilities for professional success or to enrich their personal lives.

Agency Name: **NC Cooperative Extension Services**  
Address: PO Box 187, Corner Gibson St. and Ward St., 60 Gibson St., Columbus NC  
Phone: (828) 894-8218  
Email: [polk\\_web\\_admin@ces.ncsu.edu](mailto:polk_web_admin@ces.ncsu.edu)  
Website: <http://polk.ces.ncsu.edu/>

Service(s) Offered: Helps build quality communities by training adult and youth volunteers to become community leaders, providing educational programs to stimulate community economic development, working in partnership with other agencies to help citizens prepare for and recover from disasters – and more.

Agency Name: **Polk County Schools**  
Address: PO Box 638, 125 East Mills Street, Columbus NC 28722  
Phone: (828) 894-3051  
Website: <http://www.polkschools.org>  
Service(s) Offered: Preschool through high school, public education

### **Employment**

Agency Name: **Division of Workforce Solutions**  
Address: Polk County Department of Social Services  
231 Wolverine Trail, Mill Spring NC 28756  
Office Hours are Tuesday from 8:30am – 4:30pm  
Phone: (828) 894-6700  
Contact Person: Terry Thomas Assistant Manager  
Email: [sandra.millercamp@nccommerce.com](mailto:sandra.millercamp@nccommerce.com)  
Website: <https://www.ncworks.org>  
Service(s) Offered: Job placement, labor market information, Trade Adjustment Act training, veteran employment services, training services, job counseling, and assistance with resume writing.

Agency Name: **NC Vocational Rehabilitation Services**  
Address: 227 Commercial Drive, Forest City NC 28043  
Phone: (828) 245-1223  
Website: <http://www.ncdhhs.gov/dvrs/>  
Service(s) Offered: Provides counseling, training, education, transportation, job placement, assistive technology and other support services to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.

Agency Name: **Polk Vocational Services**  
Address: 451 Industrial Park Drive, Columbus NC 28722  
Phone: (828) 894-3041  
Website: <http://www.polkvocational.com/>  
Service(s) Offered: Provides vocational rehabilitation, developmental services, and employment for people with disabilities, disadvantages and other barriers to employment.

Agency Name: **The Senior Community Service Employment Program (Title V)**  
Address: PO Box 841, 111 West Court Street, Rutherfordton NC 28139  
Phone: (828) 287-2281  
Contact: Lori Simpson  
Website: [www.regionc.org](http://www.regionc.org)  
Service(s) Offered: A community service and work-based training program for older workers. Authorized by The Older Americans Act, the program provides subsidized, service-based training for low-income persons 55 or older who are unemployed and have poor employment prospects.

### **Financial**

Agency Name: **Department of Social Services**  
Address: 231 Wolverine Trail, Mill Spring, NC 28756  
Phone: (828) 894-2100  
Website: [www.polknc.org/social\\_services.php#.UzW31c7N12D](http://www.polknc.org/social_services.php#.UzW31c7N12D)  
Service(s) Offered: food stamps

Agency Name: **Hickory Nut Gorge Outreach**  
Address: 2594 Memorial Hwy., Lake Lure NC 28746  
Phone: (828) 625-4683  
Website: [www.hickorynutgorgeoutreach.org](http://www.hickorynutgorgeoutreach.org)  
Service(s) Offered: basic needs such as food, utilities, rent, transportation, housing, prescriptions, scholarships, clothing, gas money, short term emergencies, heating and counseling for residents in the Hickory Nut Gorge Community.

Agency Name: **Thermal Belt Outreach Ministry**  
Address: 134 White Drive, PO Box 834, Columbus NC 28722  
Phone: (828) 894-2988  
Website: [www.tboutreach.org](http://www.tboutreach.org)  
Service(s) Offered: basic needs, food, clothing, fuel, medical needs

### **Food**

Agency Name: **Hickory Nut Gorge Outreach**  
Address: 2594 Memorial Hwy., Lake Lure NC 28746  
Phone: (828) 625-4683  
Website: [www.hickorynutgorgeoutreach.org](http://www.hickorynutgorgeoutreach.org)  
Service(s) Offered: basic needs such as food, utilities, rent, transportation, housing, prescriptions, scholarships, clothing, gas money, short term emergencies, heating and counseling for residents in the Hickory Nut Gorge Community.

Agency Name: **Saluda Welcome Table—Saluda United Methodist Church**  
Address: Saluda UMC, 132 Greenville Street, Saluda, NC 28773  
Phone: 828-606-3452  
Contact: Rob Parsons  
Service(s) Offered: Free meals to anyone on Tuesdays from 5:30pm-7:00pm

Agency Name: **The Meeting Place-Home Delivered Meals**  
Address: 75 Carmel Lane, Columbus, NC 28722  
Phone: 828-894-0001  
Contact: Pam Doty  
Email: [meetingplacepam@windstream.net](mailto:meetingplacepam@windstream.net)  
Website: [www.polknc.org/departments/meetingplace/index.php](http://www.polknc.org/departments/meetingplace/index.php)  
Service(s) Offered: Delivers hot meals to home bound seniors. For residents ages 60 or over who are home bound and unable to come to the senior center because of health issues.

Agency Name: **Thermal Belt Outreach Ministry**  
Address: 134 White Drive, PO Box 834, Columbus NC 28722  
Phone: (828) 894-2988  
Website: [www.tboutreach.org](http://www.tboutreach.org)  
Service(s) Offered: basic needs, food, clothing, fuel, medical needs

### **Home Health**

Agency Name: **Black Mountain Neuro-Medical Treatment Center**  
Address: 932 Old US 70 Hwy, Black Mountain NC 28711  
Phone: (828) 669-3379  
Website: [www.bmcnc.org](http://www.bmcnc.org)  
Service(s) Offered: overnight respite care

Agency Name: **Community Health Connections**  
Address: PO Box 280, 2186A Lynn Road, Lynn NC 28750  
Phone: (828) 894-3308  
Service(s) Offered: Provides non-institutional personal care, healthcare and related services designed to encourage independent living in a cost effective, patient-centered and high quality setting.

### **Legal Aid**

Agency Name: **Consumer Protection Agency – Department of Justice**  
Address: Attorney General's Office, Mail Service Center 9001, Raleigh NC 27699  
Phone: (919) 716-6006  
Website: [www.ncdoj.com](http://www.ncdoj.com)

Service(s) Offered: mediation of consumer complaints and enforcement of Consumer Protection Statutes

Agency Name: **Pisgah Legal Services**

Address: PO Box 2276, Asheville NC 28802

Phone: (828) 253-0406 Toll Free: (800) 489-6144

Website: [www.pisgahlegal.org](http://www.pisgahlegal.org)

Service(s) Offered: provides legal aid in non-criminal matters for low-income people who cannot afford a private attorney to solve problems that affect their basic needs –housing, health care (including Medicaid or Medicare access), safety from domestic violence or abuse and subsistence income (SSI, SSDI) Education.

### **Local/County Government**

Agency: **Polk County Registrar of Deeds**

Website: <http://cotthosting.com/ncpolkexternal>

Agency Name: **Social Security Administration**

Address: 224 6<sup>th</sup> Ave. East Suite – C, Hendersonville NC 28792

Phone: (828) 692-0534 Toll Free (800) 772-1213

Website: [www.socialsecurity.gov](http://www.socialsecurity.gov)

Service(s) Offered: Supplement Security Income (SSI), retirement, disability, sign up for Medicare Part D subsidy.

Agency Name: **Veterans' Services**

Address: 75 Carmel Lane, Columbus NC 28722

Phone: (828) 894-003

Contact Person: Darrel J. Moore

Email: [dmoore@polknc.org](mailto:dmoore@polknc.org)

Website: <http://www.polknc.org/departments/vetservices/index.php>

Service(s) Offered: provides onsite counseling and assistance to local veterans and their dependents of their rights and entitlements under various laws. Assists in the preparation of claims, obtaining supporting documents and affidavits, and forwarding the paperwork for quality review and submission to the appropriate Government entity. Office Hours: Tues., Wed. and Thurs. 8:30am – 5:00pm

### **Medical Care**

Agency Name: **Department of Social Service-Medicaid (families and adults)**

Address: 231 Wolverine Trail, Mill Spring, NC 28756

Phone: (828) 894-2100

Website: [http://www.polknc.org/social\\_services.php#.UnfgBIOFfMp](http://www.polknc.org/social_services.php#.UnfgBIOFfMp)

Service(s) Offered: Age 65 and older, disabled and/or blind, pregnant women, children and parents who need medical bill assistance. Call for more information. M-F 8:30am-5pm

Agency Name: **DSS/Medication Assistance Program**  
Address: 330 Carolina Drive, Tryon NC 28752  
Phone: (828) 859-5825  
Website: <http://www.ncdhhs.gov/dss/programs/>  
Service(s) Offered: Medicaid/insurance.

Agency Name: **Polk Wellness Center**  
Address: 155 West Mills Street, Columbus, NC 28722  
Phone: 828-894-2222  
Contact: Laura Ellington  
Website: [www.polkwellness.org](http://www.polkwellness.org)  
Service(s) Offered: Primary medical and mental health services. Sliding Scale for clients meeting income requirements. Accept Medicaid/Medicare and most private insurances. Serves residents of Polk and Landrum, SC in the 29356 zip code. Picture ID, proof of residency, proof of income. Mon-Fri 8:00am-5:00pm. Call to make appt.

Agency Name: **Services for the Blind**  
Address: 231 Wolverine Trail, Mill Spring, NC 28756  
Phone: (828) 894-2100  
Website: <http://www.ncdhhs.gov/dsb>  
Service(s) Offered: Each Wednesday and the 4<sup>th</sup> Friday.

Agency Name: **Polk County Health Department**  
Address: 161 Walker Street, Columbus, NC 28722  
Phone: (828) 894-8271  
Website: [www.rpmhd.org](http://www.rpmhd.org)  
Service(s) Offered: Child health clinic for well child exams, child service coordination, pregnancy testing and referral, WIC nutrition education, children and adult immunizations, women's preventive health screening, family planning services for women of child-bearing age, Maternal Care Coordination (Baby Love), referrals to OB doctors for pregnant women, post-partum home visits for mother and New Born Screening home visit for infants, Communicable Disease and Sexually-Transmitted disease testing counseling and treatment.

Agency Name: **The Saluda Medical Ctr/Prescription Assistance Program (PAP)**  
Address: 86 Greenville Street, Saluda NC 28733  
Phone: (828) 749-4411  
Contact: Pat Sandahl  
Email: [saludamedicalcenter@charter.net](mailto:saludamedicalcenter@charter.net)  
Website: <http://saludamedical.org/prescriptions.html>

Service(s) Offered: Under this program, qualifying individuals, whether or not they are patients of the Saluda Medical Center, can obtain prescriptive drugs at almost no cost.

### **Mental Health**

Agency Name: **Alcohol and Addiction Treatment and Mental Health Services**  
Phone: 1-800 951-3792 **FOR IMMEDIATE HELP**  
Service(s) Offered: To guide you through the process and help find appropriate provider of service.

Agency Name: **CooperRiis**  
Address: 101 Healing Farm Lane, Mill Spring NC 28756  
Phone: (828) 894-7110  
Email: [info@CooperRiis.org](mailto:info@CooperRiis.org)  
Website: [www.CooperRiis.org](http://www.CooperRiis.org)  
Service(s) Offered: Clinical program includes individual psychotherapy, group therapy, family support and education, wellness counseling, psycho education, ongoing psychiatric evaluation and medication monitoring.

Agency Name: **Polk Wellness Center**  
Address: See Polk Wellness Center details under **Medical Care**

Agency Name: **Smoky Mountain Center, LME**  
Address: 356 Biltmore Avenue, Asheville NC  
Phone: (800) 855-2280 or 828-225-2785  
Website: <http://www.smokymountaincenter.com/>  
Service(s) Offered: Smoky Mountain Center can connect you with services directly or provide you with information about what steps to take in a Mental Health or Substance Abuse Crisis. Anyone can call WHLME for information 24 hours a day, 7 days a week, 365 days a year. Also mobile crisis management services

Agency Name: **Families Together Inc.**  
Address: Mobile Crisis Management serving Buncombe, Henderson, Madison, Mitchell, Polk, Rutherford, Transylvania and Yancey counties  
Phone: 1-888-573-1006  
Service(s) Offered: On-site crisis management to prevent hospitalization or out of home placement for children and adults in crisis.



### **Miscellaneous (Other Services)**

Agency Name: **Here-2-Help, LLC**  
Address: 380 Morning Ride Drive, Columbus NC 28722  
Phone: (828) 817-0916  
Email: [H2here2help@yahoo.com](mailto:H2here2help@yahoo.com)  
Service(s) Offered: Errands, transportation, yard work, repairs, etc.

Agency Name: **Good Shepherd Homework Center**  
Address: PO Box 893, Markham Rd, Tryon NC 28782  
Phone: (828) 859-9529 or (828) 859-9961  
Service(s) Offered: Offers students a supervised location to do homework. Designed to provide homework assistance, tutorial help when needed, homework related activities and encouragement to develop a positive sense of self-respect, confidence and enthusiasm for learning. The Center is open M-TH, 3:15-4:30pm, following the school calendar. Call for more information.

Agency Name: **Life Care Adult Day Health Center-Polk Center**  
Address: 79 Carmel Lane, Columbus, NC 28722  
Phone: 828-894-2007  
Contact: Christy Beddingfield, Director  
Email: [cdunaway@rutherfordlifeservices.com](mailto:cdunaway@rutherfordlifeservices.com)  
Website: [www.rutherfordlifeservices.com/lifecare.html](http://www.rutherfordlifeservices.com/lifecare.html)  
Service(s) Offered: Meets many physical, mental, social needs of impaired adults. Specialized life enhancement services for participants, caregivers and families. Nursing and personal care. Structured daily activities. Hours: Monday-Friday, 7:30am-5:30 pm.

### **Rent/Utility/Housing**

Agency Name: **Section 8 Housing (Isothermal Planning and Development Commission)**  
Address: 111 West Court St., Rutherfordton, NC 28139  
Phone: (828) 287-2281  
Website: <http://regionc.org/section8/web.cfm?CID=385>  
Service(s) Offered: The Housing Choice Voucher (HCV) program is the federal government's major program assisting very low-income families, the elderly and/or the disabled to afford decent, safe and sanitary housing in the private market. Since housing assistance is provided on behalf of the family or individual, participants are able to find their own housing, including single family homes, townhouses and apartments. The voucher holder is free to choose any housing that meets the requirements of the program.

## **Support Groups**

Agency Name: **Gospel Express Ministries**  
Address: PO Box 217, Lynn NC 28750  
Phone: (828) 859-7003  
Website: [www.gospelexpressonline.org](http://www.gospelexpressonline.org)  
Service(s) Offered: Comprehensive Bible course ministry to prisoners throughout the US and Canada, and a daily radio commentary.

Agency Name: Polk/Foothills Support Group, Autism Society of NC  
Address: Polk County Library, 1289 West Mills St., Columbus, NC 28722  
Phone: 800-708-3337  
Website: [www.autismsociety-nc.org](http://www.autismsociety-nc.org)  
Service(s) Offered: Network of parents/families affected by autism living in Polk County and surrounding areas. Meets at Polk County Library. Call for group dates, times, and topics.

## **Transportation**

Agency Name: **Polk County Transportation Authority**  
Address: County Annex Gibson and Ward St., Columbus NC 28722  
Phone: (828) 894-8203  
Contact Person: Diane Timberlake  
Email: [dtimberlake@polknc.org](mailto:dtimberlake@polknc.org)  
Website: <http://www.polknc.org/transportation.php.UnwG3SeFfMp>  
Service(s) Offered: Currently travel bi-monthly to Hendersonville for a shopping outing on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month. Please contact office for more information. To schedule an appointment for in-county transportation please call Polk County Transit by 2:00 pm the day before your appointment. For out of county transportation a 3 day notice is required.